



World Sport Martial Arts Organisation (WSMA) Official Rules

The Eight Pillars of WSMA

- Focus – Always be present in the moment and committed to your training.
- Discipline – Stay consistent, keep to the rules, and respect the process.
- Courage – Face challenges without fear, both in and out of competition.
- Loyalty – Honour your club, your coaches, and your fellow athletes.
- Self-Mastery – Maintain control over your emotions, actions, and mindset.
- Fighting Spirit – Show determination, even when the odds are against you.
- Strength – Build both physical and mental resilience.
- Respect – Treat everyone, including opponents and officials, with dignity.

1. General WSMA stands for the World Sport Martial Arts Organisation, headquartered in Birmingham, England, UK. The affiliated National Federations are members of WSMA. WSMA CEO is Del Sampson. This rulebook replaces all previous editions. English is the official language, but translations may be provided. Without written consent from WSMA HQ, this rulebook may not be used for commercial purposes. Members are responsible for staying updated with the latest rules at www.wsma.website.

2. Amateur Status

An amateur competitor is any participant who is not contracted professionally and earns less than £100,000 per year from professional fights. Professional competitors cannot compete in amateur events, including the WSMA World Championships. If discovered, penalties may include disqualification, competition bans, fines up to £250, or revocation of titles.

3. Anti-Doping Policy

The use of banned substances is prohibited. Testing may be conducted by WSMA officials or authorised agencies. Refusal to comply may result in suspension. Privacy will be respected, and tests will be supervised by qualified personnel of the same gender where possible.

4. Registration and Weigh-In

Competitors must pre-register through their coach, providing name, country, and licence number. A valid WSMA licence book with annual stamp and proof of medical fitness within the last 12 months is required. Female competitors must confirm they are not pregnant. Weight checks must match registered categories; tolerance of 500g is allowed only for under-12 competitors.

5. Age Categories and Weight Classes

Categories: Kids (8–12), Teens (13–14), Juniors (15–17), Adults (18–34), Veterans (35–44), Executives (45–55), Seniors (55+). Veterans and Executives may drop one category; no one may move up. Minimum three competitors per class; otherwise, athletes may be moved up to the next class.



WWW.WSMA.WEBSITE



INFO@WSMA.WEBSITE



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6. Safety Equipment

All competitors must wear approved safety gear: headgear, mouthguard, gloves (10oz in all styles except open hand for point fighting), shin and foot protectors, groin and chest protectors as applicable. Optional gear: soft elbow/forearm/knee guards, light sport shoes for point/light contact, face guards for kids.

7. Competition Area

Mat sports: 6x6m to 8x8m square, with 1m safety zone. Ring sports: standard boxing ring, 7x7m to 8x8m, with four ropes and appropriate padding.

8. Medical Examination

A registered doctor must be present at all events; two doctors for World Championships. The doctor has authority to stop matches for safety. No aid may be given to a competitor until examined by the doctor.

9. Competitor Responsibilities

Competitors must be in good health, clean, with nails trimmed. Hair must be neat and secure if long. No excessive use of substances like Vaseline. Competitors must bring their own approved equipment.

10. Coach Responsibilities

Coaches must wear clean tracksuits and sport shoes. Each competitor may have two coaches; only one may enter the ring. Coaches must follow referee instructions, may throw a towel to stop a fight, and must keep the area clear between rounds.

11. Protests

Only coaches may file protests, with a £100 fee refundable if upheld. Protests must be about rule misapplication, not referee scoring opinions. The Head Referee's decision is final unless a second authorised doctor is involved in medical decisions.

12. Rules of Conduct

Competitors must show respect and sportsmanship at all times. When stopped, fighters must return to a neutral position. After matches, competitors must bow to the referee, opponents, and coaches.

13. Final Authority

In all matters of interpretation and enforcement of these rules, the WSMA CEO and designated officials have the final say. These rules are subject to updates published on www.wsma.website.



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